

Rockland Rink 2009



Summer Skating Sessions

June 22 - August 20
9-week Session

Sponsored by:



PO Box 1173
W Hanover, MA 02339

Fill out both sides of this form. Make check out to: South Shore S.C.

Mail this form with check to South Shore Skating Club, P.O. Box 1173, W Hanover, MA 02339
(or put in club box on wall in coaches' room). Please print clearly

Name _____ DOB _____ Age _____ Phone (____) _____
Address _____ City _____ State _____ Zip _____
Email: _____ Home Club/Rink _____
Skating levels: ISI _____ USFS FS _____ Moves _____ Coach's Name _____

Release: I assume all risks and hazards incidental to the conduct of these activities. I do further release, indemnify and hold harmless the South Shore Skating Club, the Rockland Rink, the Winterland Skating School, its assigns, sponsors, coaches and staff in the case of injury incurred before, at or after said activities.

Am't enclosed _____ Parent/Guardian's Signature _____ Date _____

June 22 - August 20 9-week Session

When filling out this form:

- Call your coach to set up summer lessons
- Circle **both** the Ice Time Chart and the Calendar chart.
- Fill out this form **completely**.
- Make checks payable to South Shore SC
- Applications are due June 22th.
- Ice is assigned on a first come basis.
- All contract ice must be paid in advance.
- Walk-on ice, if available, will be at a higher rate. See Rates chart.
- So. Shore Skating Club members: USFS memberships must be renewed in June.
- Winterland skaters are invited to join club if they meet the following criteria:
Must be Freestyle 1 or higher and/or recommended by coach.

This and all other forms can be downloaded from: www.WinterlandSkatingSchool.com.

USFS Test Session

Friday, August 7th, 8am.
Applications due July 24th

Other Summer Skating programs:

Pick up forms at Registration or office.



Shape up on/off ice
Power, Strength,
Endurance, Nutrition
Camp: August 3 - 6



Semi-Privates:
Mon. Tues. Wed. 11am



Alpha/Delta:
Thursday 11am



Learn to Skate
Thursday 11am

Times Chart

Circle times you wish to contract:

	Mon	Tues	Wed	Thurs
7:40-8:30		Freestyle	Freestyle	Freestyle
8:30-9:20	Freestyle	Freestyle	Freestyle	Freestyle
9:20-9:30	Ice	Ice	Ice	Ice
9:30-10:00*	Freestyle *9:30-10:15	Moves 9:30-10:00	Moves 9:30-10:00	Moves 9:30-10:00
10:00-10:15*	Freestyle *9:30-10:15	Clinic 10:00-10:15	Clinic 10:00-10:15	Clinic 10:00-10:15
10:15-11:00	Freestyle	Freestyle	Freestyle	Freestyle
11:00-11:50	Freestyle Low*	Freestyle Low*	Freestyle Low*	Alpha/Delta & L/S

Rates

*It is recommended that low level skaters, skate on the 10:15 or 11am freestyle. Exception will be made to accommodate lesson times and parent work schedules.

Ice Rates:	Freestyle	\$10.00
	Freestyle walk-on	\$13.00
	Moves	\$ 6.00
	Moves walk-on	\$ 8.00

Also... Clinic (Includes Pro fee) \$ 7.00

Clinics: Use this form

Tuesday: Power Skating
with Mary Sullivan

Wednesday: Jump & Spin
with Janet Donahue

Thursday: Choreography & Style
with Tracy Walsh

Summer Ice Calendar

In order to accommodate vacations, skaters may buy ice by the days or weeks.

Circle all days/weeks that you wish to buy to avoid paying the higher walk-on rate.

Please fill out **both** sides of this application.

June Circle Dates

Mon	Tue	Wed	Thu	Fri
22	23	24	25	26 Test
29	30			

July

Mon	Tue	Wed	Thu	Fri
		1	2 no ice	
6	7	8	9	
13	14	15	16	
20	21	22	23	
28	29	30	31	

August

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7 test
10	11	12	13	
17	18	19	20	

Synchro Ice: August 24, 25, 26, 27

Calculate totals for entire summer

Total # Freestyles _____ @ \$10 equals \$_____

Total # Moves _____ @ \$6 equals \$_____

Total # Clinics _____ @ \$7 equals \$_____

Total for Summer: \$_____

Amount enclosed: \$_____

Make check out to: **South Shore S.C.**
All ice payments are due by first skating day.